

TRINIDAD & TOBAGO CYCLING FEDERATION – RACING RULES



FOR ALL CLUBS & OFFICIALS

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INTRODUCTION

The Racing Committee of the Trinidad & Tobago Cycling Federation (TTCF) has determined that the rules which govern cycling in Trinidad & Tobago must be properly documented to ensure fair and transparent governance of the sport.

This document will be used in conjunction with the Union Cycliste Internationale (UCI) Cycling Rules to ensure the proper organisation and structure of cycling races in Trinidad & Tobago. The Racing Committee will be charged with the responsibility of enforcing the rules included in this document.

In addition, the Racing Committee will also be required to review this document on an annual basis, which will be presented to the General Council for approval.

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CHAPTER I – ORGANISATION

RR.1.001 All officials shall endeavour to uphold and enforce the regulations of the TTCF and shall do so in an impartial manner.

RR.1.002 Officials are to arrive at racing venues at least one hour before the start of events.

RR.1.003 Persons with official responsibilities at races including marshals and announcers are prohibited from smoking, consuming alcohol or being under the influence of alcohol or other substances during the event/meet. Any person who appears to be under the influence of alcohol or other substances shall be promptly relieved of his/her duties by the Chief Commissaire.

RR.1.004 Mass start races should not be conducted without medical personnel and an ambulance in attendance. Circuit and road races should have proper controls for pedestrians and vehicular traffic and the safety of cyclists.

Role of the Chief Commissaire

RR.1.005 The Chief Commissaire supervises the general conduct of races. He/she is empowered to interpret and enforce the rules of the TTCF or UCI and to make a ruling on any point that is not specifically covered in the rules.

The decision of the Chief Commissaire under the racing rules is final.

The Chief Commissaire will assign duties for each event to the other officials and may delegate authority to them.

No person who is a member of a club that organizes or sponsors a given race shall be appointed as Chief Commissaire of the same event unless there are no other qualified officials available, in such a circumstance the affiliation will be made known to all riders and officials

Role of the Starter

RR.1.006 It is the Starter's responsibility to see to it that riders are called at the appropriate time and to inform them of the distance they will ride and of any special rules governing the race.

The Chief Judge and the Starter should ensure that riders reporting to the starting line are properly attired and that their numbers are in good condition and properly placed.

The Starter shall not permit riders to start whose uniforms or equipment does not conform to the rules.

The Starter shall alert all other supporting officials when the race is about to begin, shall judge whether there has been a valid start and shall stop the race when called for by the rules.

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Role of the Scorer

RR.1.007 The Scorers shall be responsible for the operation of the lap cards, electronic scoreboard and bell.

The Scorers shall keep track of laps gained or lost by each rider. At the end of the race the Scorers will inform the Chief Judge of all riders who have either gained or lost laps.

Role of the Judge

R.1.008 The Panel of Judges will be headed by the Chief Judge who is appointed before the event by the College of Commissaires/Racing Committee. The Judges shall advise the Chief Judge, who shall determine the order of finish of a race.

The Judges shall assign places to as many riders as required. All riders in a given group who cannot be placed will be considered equal.

The Judges shall also keep track and coordinate with the Scorers of laps gained or lost by each rider.

The Chief Judge must approve all results before they can be forwarded to external parties to the panel of judges.

Role of the Time-Keeper

RR.1.009 Time-keepers will be headed by the Chief Timekeeper who is appointed before the event by the College of Commissaires/Racing Committee. The Chief Timekeeper shall resolve any gross discrepancies among timings, compile all times pertinent to the final classification and submit them to the Chief Commissaire at the end of the race.

When non-electronic/manual timing equipment is used the readings of at least three (3) and preferably more Timekeepers shall be recorded separately, and averaged to the nearest .1 second. No timings from this calculation shall be discarded unless the person who took the time states that it was inaccurate.

When using the electronic timing, at least two (2) two forms of non-electronic/manual timing equipment will be used as back up. The Chief Commissaire is responsible for indicating the starting order of timed races to the time keeper in order to allow sufficient time for upload and program setup.

Role of the Recorder

RR.1.010 The Recorders shall confirm that each entrant has presented a valid racing license and is qualified and properly entered according to the rules of the race,

RR.1.011 Riders are responsible for their selection of competition equipment and must ensure that they comply with regulations and that its' condition is safe for use in competition.

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Cyclist Apparel

RR.1.012 Securely fastened helmets approved for racing must be worn at all times by any licensed rider on a bicycle whether in competition or training.

TTCF approved club uniforms must be worn in all races for the current racing year. At each race day, club cyclists must wear the identical TTCF approved club uniforms.

Approved advertising may appear on the uniform as per UCI stipulations.

Private riding members (unattached) must compete in solid white jerseys (no advertising) and solid black shorts.

The use of sleeveless uniforms and opened toe shoes is not permitted during races or warm-up sessions.

Only current TTCF National Champions may wear National Championships Jerseys. This jersey may be worn only while competing in the same type of event and category in which the championship was won.

Cyclists are only allowed to use National Uniforms when so authorised. Cyclists are not allowed to train or compete in national uniforms or will be penalised as indicated in Appendix A.

Racing Numbers

RR.1.013 Registered racing numbers must be worn at all races.

Riders shall place their numbers as prescribed by the officials in such a way that they are clearly visible when the rider is in a racing position.

Bib numbers shall be attached securely at least at the four corners; they shall not be joined together and no accessory may cover them.

Numbers may not be folded or trimmed. If necessary, replacement of numbers shall be at riders' expense in addition to any fines incurred. If trimmed, a rider shall be disqualified from starting if this is noted before the start; otherwise riders will be subject to relegation or warning.

Two (2) numbers must be used in all events except time trials, MTB events and pursuits where one (1) number is accepted. Cyclists participating in Omnium events must wear two (2) numbers at all times. Cyclists will be informed of body number positions on a race by race basis

Cyclists failing to appear at an event without a racing number will be rented a number for that event at a cost of TT\$40 per day. Failure to return the number at the end of the event will see the cyclist fined an additional TT\$100.

Text modified 3.01.2015

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Protest

RR.1.014 All protests concerning the order of finish of an event shall be examined and resolved by the Chief Judge, whose decision is final and without appeal.

This protest must be lodged within fifteen (15) minutes of the protestors' finish time.

All protest regarding the qualification of riders, equipment or the irregularity of the entries or classifications should be lodged with the Chief Commissaire before the race. These protest maybe made verbally and no deposit is needed.

Club Transfers

RR.1.015 A cyclist will only be allowed to compete for one club within a racing year. Note that the start/end of a racing year is marked by the Annual General Meeting which by Constitution must be held within the month of November. A cyclist who has not competed in a race for a club for that year, shall be allowed to transfer to another club within the racing year, barring all club transfer documents are supplied.

A cyclist who leaves a club within a racing year must compete as a private member or otherwise known as an unattached cyclist. Cyclist will have to abide by the apparel guide indicated in rule RR.1.012.

Any cyclist wishing to leave a club must inform their club's Secretary in writing (inclusive of cyclists switching to a new club at the start of a new year). The cyclist's club must give a written release allowing the cyclist to depart. Any club refusing to present this release within 14 days of receiving request will be required to report the reasons for refusal to the Racing Committee.

Text modified 30.01.2015, 22.07.2015

Anti-Doping

RR.1.016 All TTCF races shall be subject to the provisions of the Anti-Doping in Sports Act, Act 10 of 2013, Laws of Trinidad and Tobago as are enforced from time to time.

Marketing Rights/ Television & Broadcasting

RR.1.017 The TTCF will be the sole and exclusive owner of all marketing rights in and to any TTCF hosted events/promotions.

RR.1.018 For events promoted by a private entity, the organiser is allowed to negotiate with sponsors in other product categories provided that the exclusive rights of the TTCF are not infringed. The organiser agrees not to enter into any partnership with any tobacco manufacturer, companies producing pornographic products or companies involved in sport betting.

RR.1.019 It is the responsibility of the Organiser/Promoter to ensure full broadcasting and media coverage during the event. TTCF endeavours to partner with entities and all these parties will reserve the first to broadcast the event live, these may include but not limited to radio, television, the Internet, DVD, 2 and 3G, Telecom, Giant Screen and any and all multimedia rights.

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Route Checks

RR.1.020 TTCF Racing Committee or such persons as may be appointed by the Racing Committee shall do a full route check with the organizers 3 months, 1 month and 1 week prior to the event. Additionally, these persons shall communicate with the Chair of the Racing Committee and Chief Commissaire on all safety related aspects.

Gear Rollout

RR.1.021 Cyclists participating in categories in which gear restrictions are enforced will be required to have their bicycle gears checked by the assigned official for Gear Rollout before they participate in any race. The top four (4) cyclists in these categories will report for their gears to be verified immediately following their race.

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CHAPTER II – CLASSIFICATION

RR.2.001 The classification and age requirements by category for Track, Road and Mountain Bike will be as follows. Note that the Age Requirement is within the racing year.

	Category	Age Requirement
1	Youth Development Cyclists Under 7	6 years old or younger
2	Youth Development Cyclists Under 9	7 or 8 years of age
3	Youth Development Cyclists Under 11	9 or 10 years of age
4	Youth Development Cyclists Under 13	11 or 12 years of age
5	Tinymites	13 or 14 years of age
6	Juveniles	15 or 16 years of age
7	Juniors	17 or 18 years of age
8	Elite (1 – 4)	19 years of age or older
9	Masters 40-44	40 – 44 years of age
10	Masters 45-49	45 – 49 years of age
11	Masters 50-54	50 – 54 years of age
12	Masters 55-59	55 – 59 years of age
13	Masters 60-64	60 – 64 years of age
14	Masters 65-69	65 – 69 years of age
15	Masters 70+	70 years of age or older

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CHAPTER III – PROMOTION AND DEMOTIONS

RR.3.001 Promotions and Demotions will be according to the *TTCF-PP-001 Policy for the Promotion and Demotions* approved by council on 16th day of January in the year 2014.

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CHAPTER IV – TRACK RACING

- RR.4.001 Track Racing will be governed by *UCI Rules – Chapter 3 – Track Races*
- RR.4.002 All events other than specialty events are to be contested on a lap basis i.e. start/finish line being one and the same with the exception for National Track Championships.
- RR.4.003 Whenever heats are found necessary by the Chief Commissaire, only those who are present and face the starter will be eligible to compete in the final.
- RR.4.004 Cyclists equipment must adhere to *UCI Organisation Rules 1.3.001 – 1.3.008*
- RR.4.005 Once a “Holding Bay” is employed; all cyclists must be present and be recorded by the Commissaires assigned to such no less than five (5) minutes before the commencement of the respective race. Cyclist found to be in violation of this will not be allowed to compete for one (1) race.
- RR.4.006 A minimum of four (4) cyclists are required for a category to be started by itself. Any category with less than four (4) cyclists at the start line will be merged with the next reasonable category where separate prizes/points will be awarded to suit.
- Text modified 16.04.2015*
- RR.4.007 The Rollout/Gear Restrictions for Track Racing is as stated in the table below. All other categories will not have any gear restriction for Track Racing. Gear Restrictions will not apply if a cyclist is participating in an Open event.

#	Category	Gear Rollout (metres)	Equivalent Gear
1	Youth Development – Under 7	4.37	55
2	Youth Development – Under 9	4.68	59
3	Youth Development – Under 11	5.01	63
4	Youth Development – Under 13	5.24	66
5	Tinymites	6.48	81
6	Juveniles	6.88	86

Registration

- RR.4.008 Once pre-registration is employed, all teams/cyclists are required to register before the deadline date. Any cyclist registering after the deadline date will incur a late fee. The value of this late fee will vary between events but will be informed in writing by the Racing Committee.

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RR.4.009 Once a cyclist is registered he/she must pay the registration fees due for the event in question regardless of participation.

Prohibited Devices

RR.4.010 The use of electronic entertainment devices such as cellular phones, mp3 players and headphones are not allowed on the track during warm up sessions or competition.

The use of radio communication devices are not permitted during track races.

Recognised Tracks

RR.4.011 The Racing Committee currently permits racing/training on three tracks in Trinidad & Tobago. These tracks are as follows

1. Arima Velodrome, Arima
2. Skinner Park, San Fernando
3. Guaracara Park, Pointe-a-Pierre
4. National Cycling Centre, Couva (Text modified 03.01.2015)
5. Irwin Park, Siparia (Text modified 03.02.2015)

RR.4.012 With respect to RR.4.011.3, Guaracara Park is only authorised when prepared in time for the Southern Games event.

RR.4.013 With respect to RR.4.011.4, the National Cycling Centre in Balmain, Couva was still under construction during the review of this document. Once the track gains certification/homologation by the UCI, it will also be recognised by the TTCF.

With respect to RR4.011.5, the 333m track at Erwin Park, Siparia was still under construction during the review of this document. Once the track has been completed and certified safe by the TTCF, it will also be recognised.

Text modified 03.01.2014

CHAPTER V – ROAD RACING

RR.5.001 Road Racing will be governed by *UCI Rules – Chapter 2 – Road Races*

RR.5.002 A minimum of four (4) cyclists are required for a category to be started by itself. Any category with less than four (4) cyclists at the start line will be merged with the next reasonable category where separate prizes/points will be awarded to suit.

Text modified 16.04.2015

RR.5.003 The Rollout/Gear Restrictions for Road Racing is as stated in the table below. All other categories will not have any gear restriction for Road Racing. Gear Restrictions will not apply if a cyclist is participating in an Open event.

#	Category	Gear Rollout (metres)	Equivalent Gear
1	Youth Development – Under 7	4.37	55
2	Youth Development – Under 9	4.68	59
3	Youth Development – Under 11	5.01	63
4	Youth Development – Under 13	5.24	66
5	Tinymites	6.86	86
6	Juveniles	7.63	96
7	Juniors	7.93	99

Text modified 30.06.2016

Road (Individual/Team) Time Trial

RR.5.004 Cyclists will start on the drawing of lots unless ranking can be used from previous events as determined by the Chief Commissaire.

RR.5.005 Cyclists at the start of a race will be staggered by a pre-determined time interval. In the event that a cyclist is not at the start line at his/her prescribed start time, he/she would have been deemed to start at the time.

criterium

RR.5.006 All categories indicated in RR.2.001 will compete in Criterium events.

RR.5.007 The provision of drink or food from persons who are not competing in the particular event to cyclists (Feeding) is not permitted during Criterium events.

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RR.5.008 Cyclists will be allowed a pre-determined number of “free laps” closest to 1300m for recognised mechanical mishap or crashes. Cyclists will not be given a “free lap” if the lap distance of the course is greater than 1300m. A recognised mechanical mishap includes a puncture or a broken part of the cyclist’s bicycle. The Chief Commissaire will inform clubs and cyclists the pre-determined number of “free-laps” before the start of the race.

RR.5.009 Cyclists who have been lapped by the main field are to immediately abandon the race. The Commissaire, however, reserves the right to remove cyclists even before they are lapped.

RR.5.010 In the event that a minimum of six (6) cyclists have lapped the main field then all other cyclists are required to abandon the race on the lap closest to five (5) km before the finish.

RR.5.011 For matters of safety, based on the number of cyclists entering an event, the Starter or Chief Commissaire has the authority to enforce a “flying start” to the event.

Team Convoy

RR.5.012 Each Team/Club will be allowed one support vehicle into the official race convoy.

RR.5.013 Team vehicles will sorted based on seeding to be determined by the Chief Commissaire. In the event that no seeding can be established, Team Managers will be required to draw randomly for positioning.

RR.5.014 Vehicles are to follow the event based on their convoy number. Any team failing to adhere to their convoy number will be penalised based on Appendix A.

RR.5.015 Team support vehicles within the convoy cannot exceed a maximum height of 2.0m (6 ft 7 inches).

Registration

RR.5.016 Once pre-registration is employed, all teams/cyclists are required to register before the deadline date. Any cyclist registering after the deadline date will incur a late fee. The value of this late fee will vary between events but will be circulated by the Racing Secretary.

RR.5.017 Once a cyclist is registered for an event he/she must pay the registration fees due for the event in question regardless of participation.

Prohibited Devices

RR.5.018 The use of electronic entertainment devices such as cellular phones, mp3 players and headphones are not allowed on the road during warm up sessions or competition.

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CHAPTER VI – MOUNTAIN BIKE RACING

- RR.6.001 Mountain Bike Racing will be governed by *UCI Rules – Chapter 4 – Mountain Bike Races*.
- RR.6.002 Cyclists must abide by the pre-marked course for all Mountain Bike Races.
- RR.6.003 Cyclists are not allowed to impede the forward movement of any other cyclists.
- RR.6.004 The use of hydration packs is permitted for Mountain Bike Races.
- RR.6.005 Based on the stipulations and extrapolations to encompass categories below Juniors, provided by the UCI in 4.2.001, Olympic Cross Country (XCO) Events, will not exceed the following durations:

Category	Minimum Time	Maximum Time
Youth Under 13	0:15	0:30
Tinymite Men & Women	0:30	0:45
Juvenile Men & Women	0:45	1:00
Junior Men & Women	1:00	1:15
Masters Men	1:15	1:30
Elite Men & Women	1:30	1:45

Registration

- RR.6.006 Once pre-registration is employed, all teams/cyclists are required to register before the deadline date. Any cyclist registering after the deadline date will incur a late fee. The value of this late fee will vary between events but will be circulated by the Racing Secretary.
- RR.6.007 Once a cyclist is registered he/she must pay the registration fees due for the event in question regardless of participation.

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CHAPTER VII – NATIONAL CHAMPIONSHIPS

RR.7.001 All cyclists must ride in the respective UCI category that appears on their UCI Racing License.

RR.7.002 Elite 1 – 4 will compete in one category

RR.7.003 Points gained at National Championships will be used to calculate overall Category champion. Points will be distributed as follows:

1st Place – 5 points

2nd Place – 3 points

3rd Place – 2 points

4th Place – 1 point

RR.7.004 A minimum of four (4) cyclists are required for a category to be started by itself. Any category with less than four (4) cyclists at the start line will be merged with the next reasonable category where separate prizes/points will be awarded to suit.

Text modified 16.04.2015

RR.7.005 All teams/cyclists are required to register before the deadline date. Any cyclist registering after the deadline date will incur a late fee. The value of this late fee will vary between events but will be circulated by the Racing Secretary.

RR.7.006 Once a cyclist is registered he/she must pay the registration fees due for the event in question regardless of participation.

RR.7.007 All penalties indicated in *Appendix A – Offences & Penalties (where applicable)* will be doubled for all National Championship events.

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CHAPTER VIII – OFFENCES AND PENALTIES

- RR.8.001 Cyclists will be debarred from racing until all unpaid fines have been settled.
- RR.8.002 The Manager of the Club listed for the event in question will be informed by the Racing Committee, in writing no more than seven (7) days following the date after an offence is committed.
- RR.8.003 The penalties for offences stated in *Appendix A – Offences and Penalties* have been approved by the Racing Committee.

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CHAPTER IX – GENERAL

- RR.9.001 Foreign cyclists must present a valid Racing License and written communication from their home Federation stating that he/she is in good standing and has permission to compete in Trinidad & Tobago. The written communication must also indicate which club or country the cyclist is authorised to represent.
- Foreign competitors shall be permitted to wear any jersey which complies with UCI requirements once he/she is not racing with a local cycling club.
- RR.9.002 All those who compete in any event authorized by the Trinidad & Tobago Cycling Federation, do so at their own risk, whether or not they be members of the Federation, and no liability shall attach to the Federation or to any of its officials in respect of any loss or injury sustained or caused by anyone competing in such events.
- RR.9.003 Where a programme is timed, no heat or race may be started before the time stated in the programme, except with the consent of all the competitors in the heat or race. Any competitor, who is not ready at the advertised time of start, shall not be allowed to compete.
- RR.9.004 Neither cyclists nor officials may use foul or abusive language