

2017 National Road Cycling Championships (June)

Technical Guide



About the National Cycling Championships

The 2017 National Road Cycling Championships (June) will comprise three disciplines of road cycling; Individual Time Trial, Criterium and Road Race. The June Championships will exclude the Elite Men & Women in the Individual Time Trial and the Road Race as their Championships has been scheduled for September 2017

The National Road Cycling Championships for Junior and Juvenile cyclists also double as an official qualifier for the National Team competing at the Junior Caribbean Cycling Championships in August this year, therefore, placing even more stakes on the line.

This year, National Championships will take place over 3 days on two weekends, 10, 11 and 18 June, 2017. The National Road Race on June 11 will be sponsored by the OWTU and will be featured on the perennial Rienzi Road Race course. Cash prizes will be distributed to winners of the National Road Race sponsored by the OWTU. In addition, there will be non-national competition for the Elite Men/Women with cash prizes also available.

Cyclist Eligibility

Cyclist wishing to participate in the National Road Cycling Championships must satisfy the following requirements

- Must possess a valid 2017 Union Cycliste Internationale (UCI) Licence and must be a national of Trinidad & Tobago.
- Cyclists wishing to compete in respective events must meet the following age requirements

Category	Year of Birth
Elite	1998 or before
Junior	1999 or 2000
Juvenile	2001 or 2002
Tinymite	2003 or 2004
Masters 40-49	1968 – 1977
Masters 50-59	1958 – 1967
Masters 60-69	1948 – 1957
Masters 70+	1947 or before

Cyclist Registration

Registration for the 2017 National Road Cycling Championships will take place via each [club's TTCF login credentials](#). The deadline for registration is Monday 5th June @ 8:00pm.

Event	Registration Fee
All Cyclists	TT\$40 per cyclist per event
Late Registration	Additional fixed TT\$100 late fee per cyclist

Confirmation of Starters/Technical Meeting

All club Managers will be expected to appear at the Confirmation of Starters Meeting on Wednesday 7th June from 7:00pm – 7:45pm at the National Cycling Centre. Following this, the Technical Meeting for will take place from 7:45pm – 8:15pm at the same venue.

Gear Restrictions

Gear Restrictions for the Junior, Juvenile and Tnymite categories are as follows:

Category	Rollout (metres)	Gear
Tnymites	6.86	86
Juveniles	7.63	96
Juniors	7.93	99

Bib Numbers

All Managers are required to inform their cyclists of the proper placement of their Racing Bib numbers as indicated in the image below. Any cyclist not adhering to this will not be allowed to ride. Two bib numbers, are to be used as follows:

Road Time Trial – Left and Back

Criterion – Left and Right

Road Race – Right and Back



Championship Dates

Date	Category	Event	Venue
Saturday 10 th June, 2017	All Categories except Elite	Individual Time Trial	Waterloo-Exchange Connector Road
Sunday 11 th June, 2017	All Categories *	Road Race	San Fernando – Point Fortin - Fyzabad
Sunday 18 th June, 2017	All Categories	Criterium	Brian Lara Stadium Car Park

*There will be competition for Elite Men & Women but will be non-National with cash prizes

Road Race Course Description

Course Rating: Grade 3

Date: Sunday 11th June, 2017

Start Time: 7:00am

Maximum Elevation: 60m

Muster Point: OWTU HQ, Circular Road, San Fernando

Start Point: San Fernando By-Pass

Course Distances

Category	Course Length
Elite Men*	77km
Elite Women*	77km
Junior Men	77km
Junior Women	77km
Juvenile Men	77km
Juvenile Women	57km
Tinymite Men	57km
Tinymite Women	57km
Masters 40-49	77km
Masters 50-59	77km
Masters 60-69	77km
Masters 70+	57km

Groups & Departure – 10th June 2017

Category	Finish Location	Distance
GROUP 1 – 7:00am		
Elite Men*	Fyzabad Secondary	77km
Elite Women*	Fyzabad Secondary	77km
GROUP 2 – 7:15am		
Junior Male	Fyzabad Secondary	77km
Masters 40-49	Fyzabad Secondary	77km
GROUP 3 – 7:20am		
Juvenile Male	Fyzabad Secondary	77km
Masters 50-59	Fyzabad Secondary	77km
Masters 60-69	Fyzabad Secondary	77km
GROUP 4 – 7:25am		
Junior Female	Palo Seco Velodrome	57km
Juvenile Female	Palo Seco Velodrome	57km
Tinymite Male	Palo Seco Velodrome	57km
Tinymite Female	Palo Seco Velodrome	57km
Masters 70+	Palo Seco Velodrome	57km

*Non-National for Elite Men and Women. Cash Prizes available.

Feeding Zone

Feeding will open on the first lap and close on the final lap for all categories. Feeding will be performed on foot and from the left hand side of the road ONLY.

FEEDING	Opening Location	Closing Location
Feeding Zone	La Brea Pitch Lake	Palo Seco Velodrome

Convoy

Each club will be allowed **ONE** vehicle per Group. Each vehicle will be assigned a pair of numbers. Any club found not adhering to this will be fined and removed from the event.

Course Description

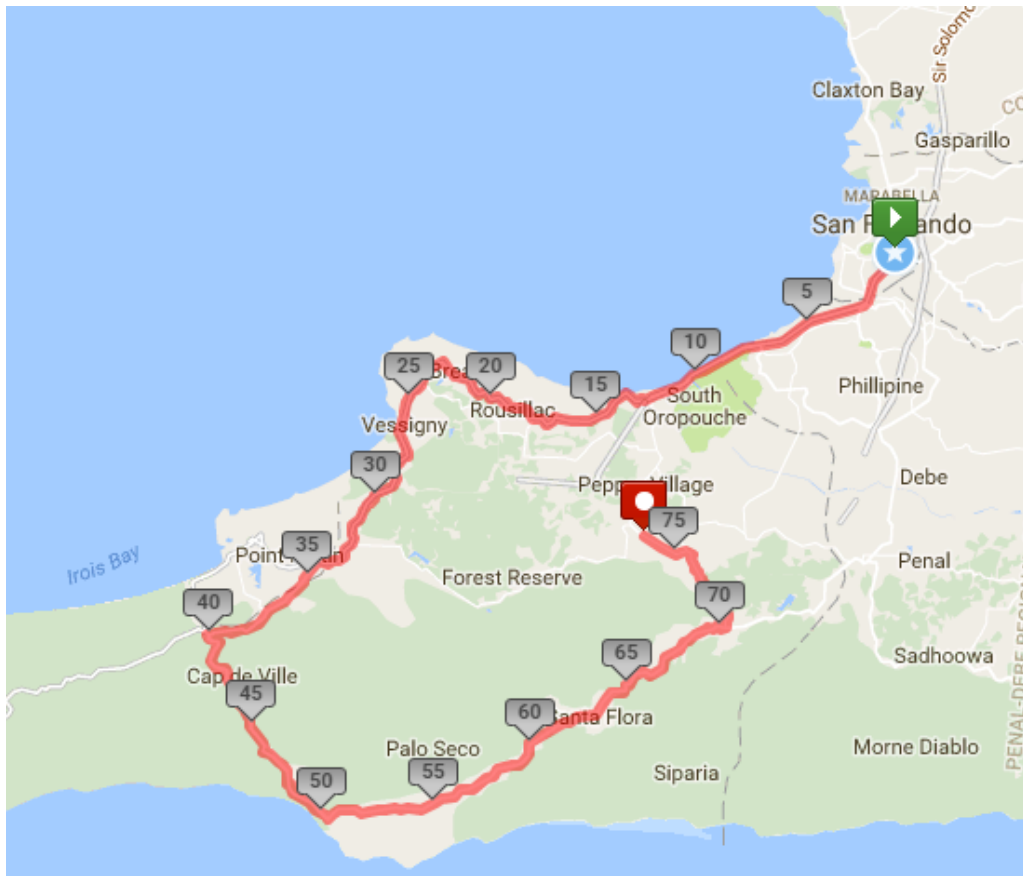
The course will officially start on the San Fernando By-Pass heading south. The course will continue along this road and merges onto the South Trunk Road and then the Southern Main Road through the Mosquito Creek. The race will continue along the Southern Main Road through Otaheite, La Brea and Vessigny. Upon reaching the popularly known “Dunlop Roundabout” the race will take the second exit and head along the South Central Road to by-pass Point Fortin.

At the Cap de Ville junction, the race turns left and merges with the SS Erin Road. It stays along this road through Erin, Rancho Quemado, Palo Seco, Santa Flora and Siparia. Upon reaching Siparia, the race will turn left onto the Siparia Old Road heading NORTH. It then turns left onto the Fyzabad Guapo Road to finish at the Fyzabad Secondary School.

National Road Race Prize Structure – Sponsored by OWTU

	Category	1st	2nd	3rd	4th	5th	6th	7th	Total
1	Elite Men	\$800	\$700	\$600	\$500	\$400	\$300	\$250	\$3,950
2	Elite Women	\$400	\$300	\$200	\$100				\$1,000
3	Junior Men	\$400	\$300	\$200	\$100				\$1,000
4	Juvenile Men	\$400	\$300	\$200	\$100				\$1,000
5	Tinymite Men	\$300	\$250	\$200	\$100				\$850
6	Junior Women	\$300	\$250	\$200	\$100				\$850
7	Juvenile Women	\$300	\$250	\$200	\$100				\$850
8	Tinymite Women	\$300	\$250	\$200	\$100				\$850
9	Masters 40-49	\$400	\$300	\$200	\$100				\$1,000
10	Masters 50-59	\$400	\$300	\$200	\$100				\$1,000
11	Masters 60-69	\$400	\$300	\$200	\$100				\$1,000
12	Masters 70+	\$300	\$250	\$200	\$100				\$850
								TOTAL	\$13,800

Course Description



Overall Course Elevation



Time Trial Course Description

Venue: Waterloo-Exchange Connector Road, Couva

Date: Saturday 10th June, 2017

Start Time: 7:00am

Course Rating: Grade 2

Total Distance: 11km per lap

	Category	Laps	Distance
1	Junior Men	2	22km
2	Junior Women	1	11km
3	Juvenile Men	1	11km
4	Juvenile Women	1	11km
5	Tinymite Men	1	11km
6	Tinymite Women	1	11km
7	Masters 40-49	2	22km
8	Masters 50-59	1	11km
9	Masters 60-69	1	11km
10	Masters 70+	1	11km

Course Description

Time trial course begins and ends on the southern end of the Waterloo-Exchange Connector Road 200m before the Exchange intersection. Cyclists will start facing northward, will turn at the Waterloo end and return to finish heading south

Convoy Vehicles

No convoy vehicles will be allowed on the course. There will be a neutral vehicle roaming the course to provide the necessary mechanical assistance.

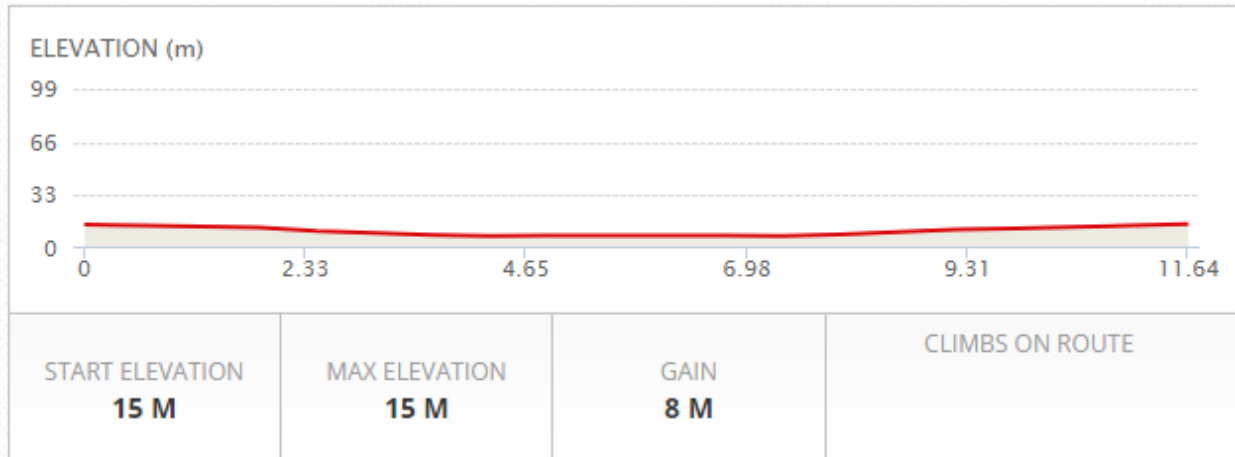
Starting Order

Cyclists will be started based on their 2016 National Time Trial standings with a one-minute gap in between each cyclist.

Graphical Course Map

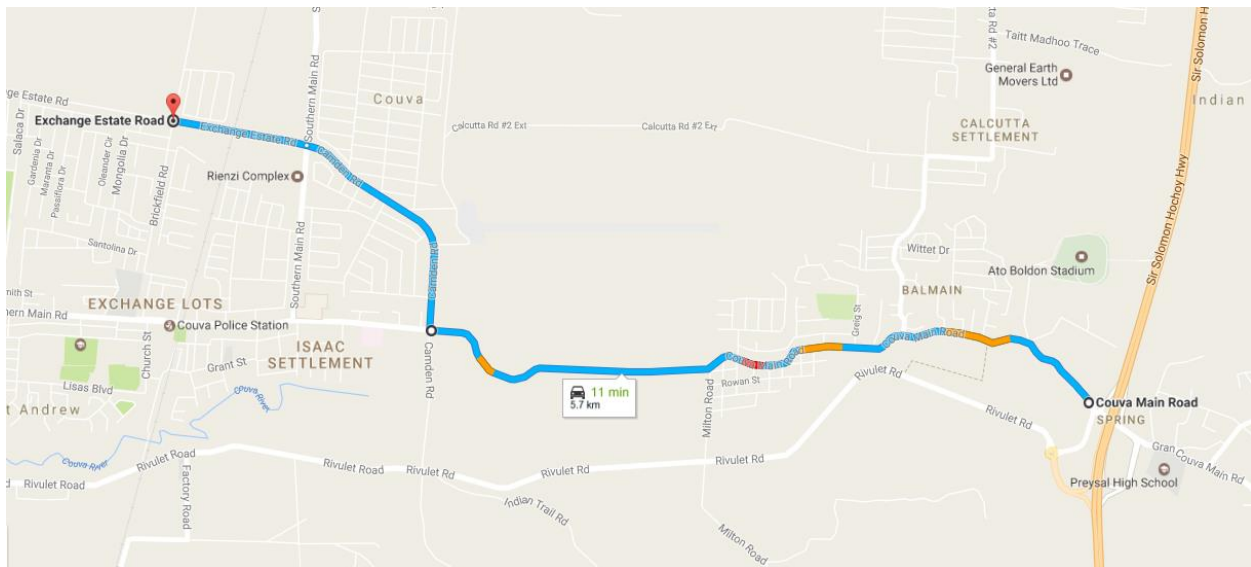


Course Elevation



Directions to Reach Course

Exit the Couva/Preysal Flyover and head WEST along the Couva Main Road for approximately 4km. At the traffic lights, turn right and head NORTH along Camden Road for 1.5km. Upon reaching the traffic lights at the intersection of the Southern Main Road, head straight across intersection (WEST) onto Exchange Estate Road. The Waterloo-Exchange Connector Road is the first right (approximately 800m after crossing the traffic lights).



criterium Course Description

Venue: Brian Lara Cricket Academy Car park

Date: 18th June, 2017

Start Time: 1:00pm

Course Rating: Grade 1

Total Distance: 1.1km per lap

Racing Program

Start Time	Category	Laps	Distance
1:00pm	Masters 70+	3	3.3km
	Tinymite Women	3	3.3km
	Juvenile Women	3	3.3km
1:15pm	Tinymite Men	6	6.6km
	Junior Women	6	6.6km
1:45pm	Masters 60-69	8	8.8km
	Elite Women	8	8.8km
2:15pm	Masters 50-59	8	8.8km
	Juvenile Men	8	8.8km
3:00pm	Masters 40-49	12	13.2km
	Junior Men	12	13.2km
3:45pm	Elite Men	35	37.8km

Categories which are indicated to have the same starting time will have a staggered start.



This event is hosted by the Trinidad & Tobago Cycling Federation